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Positive discipline in the home

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Today's Agenda

- What is the behaviour telling us?
- What is behaviour?
- Types of behaviour
- Why do we want to guide children's behaviour in a positive way
- Effective strategies for guiding children's behaviour



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Today's Outcomes


By the end of today's session, learners will be able to:

- Identify different types of behaviour
- Implement effective and positive strategies to guide children's behaviour in the home

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What is behaviour?

- How we act
- Mannerisms
- How we conduct ourselves
- How we behave
- Can be negative and positive
- How we respond to a situation
- Is learnt



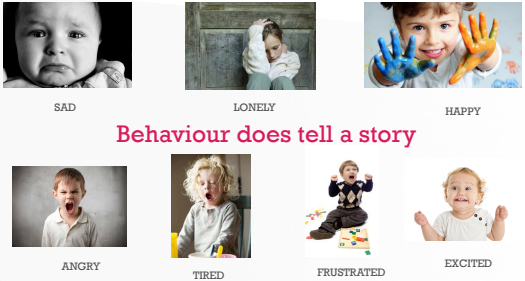
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What is children's behaviour telling us ???



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Behaviour does tell a story



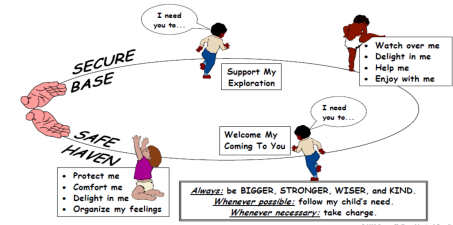
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How children express behaviour

Positive	Negative
<ul style="list-style-type: none">• Smiling• Using their words• Giving or asking for a cuddle• Vocalising• Pointing	<ul style="list-style-type: none">• Hitting• Smacking• Screaming• Yelling• Hiding



Circle of Security



SECURE BASE

- Watch over me
- Delight in me
- Help me
- Enjoy with me

SAFE HAVEN

- Protect me
- Comfort me
- Delight in me
- Organize my feelings


Support My Exploration

- I need you to...

Welcome My Coming To You

- I need you to...

*Always: be BIGGER, STRONGER, WISER, and KIND.
Whenever possible: follow my child's need.
Whenever necessary: take charge.*



Why do we guide children's behaviour?

- Promote positive behaviour
- Identify appropriate behaviour
- Desired outcome
- Support child
- Support independence





5 Effective Strategies to Guide Children's Behaviour..... That really do work!



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1 Second Thinking time

“ REMEMBER !!!!
In any response
Give yourself
1 second to think of
how you will respond ”

- Adults immediate response can accelerate or decelerate a child's behaviour
- Think before you speak
- What is the best response?

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Role model


- Monkey see monkey do!
- Do as I say and do as I do!
- Show children desired behaviour
- Children repeat what they see and hear
- Children look up to you
- Speak calmly and clearly
- Lead by example



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Set limits and consequences


- Age appropriate limits and consequences
- Are my expectations appropriate
- Clear instructions
- Allow child to make choices
- Appropriate language
- Get down to child's level
- Follow through with consequences
- Speak calmly
- Use positive language
- Avoid isolation



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Consistency

- Implement and follow rules
- Create an appropriate routine
- Communicate with parents and other nannies
- Consistently implement strategies i.e. sticker chart
- Following through with consequences is consistent
- Consistently acknowledging child's achievements
- Consistently allow children to express their feelings



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Communicate with families

- Parents need to be part of this process
- Remember you are within their home
- Creates positive environment
- Consistency of limits and consequences
- Establish boundaries
- Expectations are discussed



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"Children are not things to be molded, but are people to be unfolded."
— Jess Lair, author

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